

Family Matters Problem Solving:

Problem or Challenge _____

Describe the problem clearly, as impersonally as possible.

Brainstorm ideas

All ideas are recorded. After the list is generated, people have the opportunity to say whether or not an idea will work for them.

- 1)
- 2)
- 3)
- 4)
- 5)
- 6)
- 7)
- 8)
- 9)
- 10)

Solution Chosen:

in general, the person who brought up the issue chooses a solution from the list of possible solutions that will work for everyone.

One week follow up:

Evaluate how it worked

If it doesn't feel resolved, put the problem on the agenda again.